

# NESIAN POINT

PSYCHOTHERAPY CLINIC

07 3472 5880 | [WWW.NESIANPOINT.COM](http://WWW.NESIANPOINT.COM) | [CONTACT@NESIANPOINT.COM](mailto:CONTACT@NESIANPOINT.COM)

## Therapy Services

Individual • Children • Couples

Specialising in victim support, grief, trauma, suicidal ideation self-harm, anxiety, depression and other diagnosed mental health disorders.

### • We Offer •

Client centred, positive solutions focussed, real talk therapy.  
Therapists who listen and work with you  
Options for phone / telehealth sessions  
A safe, tranquil environment with amazing staff  
Individualised Sessions working from a Diverse Cultural Lens



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PSYCHOTHERAPY CLINIC / WELLBEING & EDUCATION CONSULTANCY PRACTICE

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## How to access Therapy

### **Wesley Mission** (Must live in Metro South Brisbane and be experiencing financial hardship)

Get your GP to fill out a PHN referral form and fax to Wesley Mission

The form can be found at [www.nesianpoint.com/therapy](http://www.nesianpoint.com/therapy)

No gap fee charged. Our admin team will contact you once we receive your referral

### **GP - Mental Health Care plan**

Go to your GP and ask for a Mental Health Care plan and ask them to fax to Nesian Point at 07 3009 0339

There is a gap fee per session paid prior to the appointment, our admin team will contact you and confirm the gap fee and make a booking once we receive your referral.

### **NDIS - Psychological Therapies**

Call our office on 07 3472 5880 or 0406 232 565 to organise intake and a Service Agreement

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